

Information For the Use
Mefenamic Acid (100mg) + Paracetamol (250mg)

Paraplom M DS Suspension

Mefenamic Acid (100 mg) + Paracetamol (250 mg) Suspension

- To help reduce fever caused by infections such as colds, flu, or other febrile conditions.

Description:

Mefenamic Acid (100 mg) + Paracetamol (250 mg) suspension is a combination analgesic and antipyretic medication used to provide effective relief from pain and fever. Mefenamic acid is a nonsteroidal anti-inflammatory drug (NSAID), while Paracetamol (acetaminophen) is a mild analgesic and antipyretic.

Composition:

- Mefenamic Acid: 100 mg per 5 ml of suspension
- Paracetamol: 250 mg per 5 ml of suspension

Indications:

This combination suspension is indicated for:

1. Pain Relief:
 - Mild to moderate pain, such as headaches, toothaches, menstrual cramps, musculoskeletal pain, or pain after surgery.
 - Pain associated with inflammation, such as in cases of arthritis.
2. Fever Reduction:

Mechanism of Action:

- **Mefenamic Acid:** Mefenamic acid works by inhibiting the cyclooxygenase (COX) enzymes, particularly COX-1 and COX-2, which are responsible for producing prostaglandins.
- **Paracetamol:** Paracetamol works centrally in the brain by inhibiting the cyclooxygenase (COX) enzyme, which reduces the production of prostaglandins in the brain, effectively reducing fever and providing pain relief.

Dosage and Administration:

- **For Adults and Children Over 12 Years:**
 - 10 ml (500 mg Paracetamol + 200 mg Mefenamic Acid) every 6 hours as needed, with a maximum dose of 4,000 mg of Paracetamol and 400 mg of Mefenamic Acid in 24 hours.
- **For Children (6-12 years):**
 - 5 ml (250 mg Paracetamol + 100 mg Mefenamic Acid) every 6 hours as needed, with a maximum dose of 3,000 mg of Paracetamol and 300 mg of Mefenamic Acid in 24 hours.
- **For Children (2-6 years):**

- 2.5 ml (125 mg Paracetamol + 50 mg Mefenamic Acid) every 6 hours as needed, with a maximum dose of 1,500 mg of Paracetamol and 150 mg of Mefenamic Acid in 24 hours.

Note:

- Do not exceed the recommended dose.
- If pain or fever persists for more than 3 days in children or more than 5 days in adults, consult a doctor.

Side Effects:

- **Common:**
 - Nausea, stomach upset, mild dizziness, or headache.
 - Gastrointestinal discomfort, such as bloating or mild indigestion.
- **Serious but Rare:**
 - Gastrointestinal issues: Gastric ulcers, bleeding, or perforation (especially with prolonged use of Mefenamic acid).
 - Liver damage: Symptoms like yellowing of the skin or eyes, dark urine, or upper abdominal pain, especially with excessive use of Paracetamol.

Precautions:

1. **Liver Disease:** Use with caution in individuals with liver disease, particularly when taking Paracetamol. Liver function should be monitored during treatment.

2. **Gastrointestinal Conditions:** Mefenamic acid, being an NSAID, may cause or worsen gastric ulcers or gastrointestinal bleeding, especially with prolonged use.
3. **Kidney Disease:** Use cautiously in patients with kidney dysfunction.

Storage:

- Store at room temperature (15-30°C), away from direct light and moisture.
- Keep the bottle tightly closed and out of reach of children to prevent accidental overdose.
- Do not refrigerate or freeze.

Note:

This medication should be used as directed by your healthcare provider. Overuse or misuse can lead to serious side effects such as liver or kidney damage. If you experience any unusual symptoms or allergic reactions, seek medical attention immediately. Always consult your doctor if symptoms persist beyond the recommended duration of treatment.

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Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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